



Speen Helping Hospices

Fundraising since 2001 for local hospices
in Chiltern Villages

Helen House for Children - Rennie Groves Hospice Care - South Bucks Hospice - Florence Nightingale in Aylesbury

2023 was a challenging year for Speen Helping Hospices (SHH) probably reflecting financial constraints as high interest rates and inflation hit people's discretionary spend. Selling tickets for events, that were traditionally very popular, was challenging and had it not been for the Golf Challenge at the beginning of 2023 our donations to the four hospices would have been considerably less. However, by drawing from our first event of 2024, the Pub Style Quiz Night, we will now donate a total, of £18,000 that is £4,500 to each hospice leaving a small amount in balance to cover costs.

Many thanks to all of you in the Naphill and Walters Ash area who bought tickets, danced quizzed, shopped, sang and ate at the events of 2023. This group initiative has been going for many years and we would hope to continue this with your support.

The Annual Christmas Market raised £2,746 and the Christmas Hamper raffle £500. The carol singing in Speen raised £605 over two evenings. Perfume sales including Tom Ford and Estee Lauder donated by the Brands Owners was over £3,000.

SHH would really welcome your engagement, that could be ideas for future fundraising events and help us expand our coverage in the neighbouring Chiltern Villages, a good contact that might help us at an event, donating a prize for a raffle or if you would like to get involved with SHH contact Gráinne Suter - Chair grainnesuter@googlemail.com or 07778803260.

If anyone is thinking of taking part in a local fun run (in Hughenden / Naphill for example), bike race or other sponsorship event to help raise more for the local hospices via SHH please contact us.

FUTURE EVENTS IN 2024

Raffle for a Fourball Golf Voucher at Burnham Beeches Golf Club worth £340. The draw is on the 20th April. Tickets are £5 and on sale at http://www.shh-shop.org/Golf_giveaway_2024.htm

For further information about all our events check out our website www.shh-shop.org



High Wycombe and District [High Wycombe & District U3A: Home \(u3asites.org.uk\)](http://HighWycombe&DistrictU3A:Home(u3asites.org.uk)

Access more information using the QR code, Facebook or this link to our website.
Everyone is welcome! Registered Charity: 1065069



The Spring is always a busy time at our u3a with short and long walks from Naphill Village Hall (NVH). The Computer Group, also operating from NVH, had especially useful information on using the full potential of OneDrive for both securely saving files and making your files (e.g. Photos) available to your friends anywhere where they have access to the internet.

The ever-popular Discovering Art Group has recently had a visit to The Wallace Collection in London and many members visited, individually, The Bodleian Library, Oxford and the Colour Revolution - an art and fashion exhibition - at The Ashmolean Museum, also in Oxford We also run our monthly Quiz at NVH and the increasingly popular Rummikub Group meet at Bon Ami (NVH).

We are certainly planning more visits to various local events and places. We are repeating our visit (provisionally in July) to the archaeological site and John Lewis Heritage Centre, Cookham. Sadly, you will have missed our private visit to the beautiful Bisham Church on the banks of the river Thames. Of course, we have many more Groups (25+) operating in and around our area. Just email gilliamph@aol.com for details.

One not to miss is our Monthly General Meeting on April 24th from 2pm at Lacey Green and Loosley Row VH, when Colin Smith gives his talk 'From tree to cup'. There is no charge if this would be your first visit to our u3a. (The X9 stops outside both Nahill VH and Lacey Green and Loosley Row VH).

Paul Gillam

Email: gilliamph@aol.com for details.