



SHH - Raising Hospice Funds in Chilterns Villages for over 25 years

SHH (Speen Helping Hospices) celebrates its 25th anniversary this year. The group was established in 2001 by Susie Rose and, since then, has raised over £200,000 for local hospices. Committee members have changed over the years, and all have energetically contributed to the success of the group. This year, we welcomed two new members to the committee: Jill Roberts and Chris Nicolaou. It's good to get some younger blood on the team!

Since 2001, many individuals have raised funds for SHH in so many different ways: running the London Marathon; cycling across Cambodia and Vietnam; a painting donated by local artist Joanna Brownridge was raffled; a group of local ladies organised a Santa Fun Run for a number of years; a group of young people in Speen set up a stall to sell refreshments; a local group organised by Kate Vale set up the 'Studridge Social' – selling soup, sourdough and sweet treats; a pub quiz at The Hampden Arms; John Radford abseiled down Spinnaker Tower in Portsmouth; Clive Nicolaou completed the Blenheim Palace Triathlon; and Speen Pilates organised a jewellery cleaning service.

A huge thank you to all the wonderful people who have supported the many events we have organised, bought raffle tickets, frequented the bar, helped tidy up at the end of an evening, bought their Christmas presents at the Christmas Market, offered their services to help us run an event like Martin Hart's jazz event, Elliot Wengler's comedy night, and Al Bowyer and Jill Rogerson's quiz evenings.

We have recently donated £5,375 to each of the four hospice charities from the 2025 fundraising events. We kicked off 2026 with a quiz night and raised a very tidy sum of £1,950.

Expanding the fundraising activities

This is where you might be able to help us, or know of someone who can support us.

If you are planning or considering taking part in a sporting event or other event, would you help others by fundraising for SHH in the Chiltern Villages? Maybe you are involved with a local cricket or football team, or play tennis and could be interested in organising a match this year?

SHH will support you on your fundraising journey, and promote your participation locally, via social media, and through our website to attract sponsorship.

If you are up for this challenge, now is the time to plan it! Please contact me at events@shh-shop.org

Dates for your diary

Friday 24th April – Pub Night at Speen Village Hall

Wednesday 6th May – Ladies Spring Lunch at The Horse Trust

Saturday 11th July – Flower Stall at Speen Fete 2026

Sunday 5th July – SHH 25th Anniversary Celebration Afternoon Tea

Saturday 26th September – Comedy Night at Lacey Green Village Hall

Wednesday 7th October – Ladies Autumn Lunch at The Horse Trust

Wednesday 14th October – Bridge Afternoon at North Dean Village Hall

Saturday 21st November – Annual SHH Christmas Market at Speen Church

Gráinne Suter, Chair SHH