## The Importance of Visiting an Audiologist



Hearing with clarity is a precious gift but, for millions, hearing loss poses a challenge to communication and overall well-being. The best way to get the most out of your hearing aids and tackle your hearing loss is through the expertise of a hearing aid audiologist, like myself.

Audiologists undergo specific education and clinical training, to help understand and treat your hearing loss. We don't just put hearing aids on your ears; we assess your hearing, provide recommendations and give support throughout your hearing journey.

We can accurately identify the type and severity of hearing loss. Through various tests, discussions with you and evaluations, we gain insights into the causes of your hearing loss, allowing us to help address your unique needs and lifestyle preferences.

Our approach to hearing care extends beyond the initial fitting of hearing aids. At Aston Hearing we take the time to understand your individual concerns. From selecting the most suitable hearing aid to providing education on proper usage and maintenance, we guide you through every step of your hearing journey, empowering you to make informed decisions about your hearing health.

By staying informed about innovations and best practices, we can recommend cutting-edge solutions that enhance the effectiveness and comfort of your hearing aids. Whether it's the latest noise-cancelling features or connectivity options that integrate seamlessly with your smartphone and other devices.

The relationship between myself and a client is built on trust and continuity of care. I forge long-term partnerships with you, providing ongoing support and adjustments as needed. This personalised approach fosters greater satisfaction and reassurance, ensuring that you can enjoy improved communication and quality of life for years to come.

Choosing to visit a hearing aid audiologist is a decision that can profoundly impact your quality of life. With our specialised expertise, personalised approach, and commitment to ongoing support, we are uniquely qualified to help you navigate your hearing loss and rediscover the joy of clear, vibrant sound.

When it comes to your hearing health, trust in the expertise of a hearing aid audiologist for unparalleled care and support!

f ©

Hearing Support • Earwax Removal • Hearing Technology Call us or visit astonhearing.co.uk to book your comprehensive hearing health assessment

Flint Barn Court, Church Street, Old Amersham 01494 733 840 The Farmhouse at The Grange, Haw Lane, Princes Risborough 01494 733 845

Greyhound Lane, Thame, Oxfordshire 01844 396 057

## Plant Sale

Yet again the weather is behaving oddly. After floods in March we had one of the driest Aprils on record and the grass has hardly grown at all.

Many of us have been caught out by this and I found that my justgerminated seedlings got burnt in the greenhouse and half of them

So it was a relief to fall back on the annual Horts Soc Plant Sale. Every year this event takes place at the second weekend in May (When the garden should be ready to receive new plants without too much fear of frost.

The Horts Soc Committee, old and new, together with some kind residents bring along spare seedlings from their Spring planting. Other helpers split established perennials to create new child plants or dig up plants that have seeded themselves in the wrong place.

The Horts Soc take over the Village Hall for the day and display hundreds of plants for sale. There is a wide mixture of both vegetables and flowers, sized from tiny plug plants through to some 6 ft high climbing roses.

The plants are piled up on hall tables and given a price sticker. For the buyer it's a bit of a lottery as the plants rapidly lose their labels and we don't know what is what, never mind what colour it will turn out to be!

For the first time we have a credit card machine so that you can pay with plastic rather than cash.

The committee also have a home-made cake stall, either slices to eat now or to take home for the kids.

The great majority of the plants do sell on the Saturday. The remainder are put on a pop-up stall in Main Road where passers-by can take plants and leave donations.

This year the takings were over £1,300 which will go to worthy, horticultural related, activities in the local area.

So mark your calendar now for the next plant sale - May 9 2026 which is also National Windmills Day so include a tour of our splendid mill

Look out for the forthcoming Horts Soc talks.

Wed 16<sup>th</sup> July - The importance of honey bees by High Wycombe Bee Keepers.

Wed 17th September - Creating a wild garden

Autumn Show - Saturday Sept 6th. Plants, vegetables, cookery and more

## Mike Piercy





Fundraising since 2001 for local hospices in Chiltern Villages

SHH Hospice Fundraising has held two very successful events so far this year. A Quiz evening in February and the Annual Ladies Spring Lunch in May.

The group has been able to distribute £4.000 to each of the four hospices it raises fund for from the 2024 events.

Last September a Comedy Night was held at Lacey Green and Loosley Row Village Hall. Elliot

Wengler who organised last year's evening is hosting another this year. He will be bringing on a selection of different comedians and again it will be held at Lacey Green and Loosley Row Village

Save the date: Saturday 11th October, Doors open at 7pm and Showtime at 8pm. Tickets £20.00 per person (No booking fees to third-party agencies) Further details at www.shh-shop.org

Finally, if you are interested in raising money by taking part in an event or finding out more about becoming part of our fundraising group at SHH, please contact me events@shh-shop.org

## Gráinne Suter

Chair SHH Hospice **Fundraising** 

27 26