

SHH (Speen Helping Hospices)

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In the community



SHH (Speen Helping Hospices) celebrates its 25th anniversary this year. The group was established in 2001 by Susie Rose and during this time has raised over **£200,000** for local hospices. Committee members have changed over the years, and all have energetically contributed to the success of the group. This year we welcomed two new members on to the committee Jill Roberts and Chris Nicolaou. Good to get some younger blood on the team!

Since 2001, many individuals have raised funds for SHH – running the London Marathon, cycling across Cambodia & Vietnam, a painting donated by local artist Joanna Brownridge was raffled, a group of local ladies organised a Santa Fun Run a few years running, a group of young people in Speen set up a stall to sell refreshments, a local group organised by Kate Vale set up the "Studridge Social" – selling soup, sourdough & sweet treats, a Pub quiz at The Hampden Arms, Johnny Radford abseiled down Spinnaker Tower in Portsmouth and Chris Nicolaou did the Blenheim Palace Triathlon, Speen Pilates organised a jewellery cleaning service.

A huge thank you to all the wonderful people who have supported the many events we have run, bought raffle

tickets frequented the bar, helped tidy up at the end of an evening, bought their Christmas presents at the Christmas Market, offered their services to help us run an event like Martin Hart's Jazz event, Elliot Wengler's Comedy night, Al Bowyer and Jill Rogerson's quiz evenings.

We have recently donated £5,375 to each of the four hospice charities from 2025 fundraising events. We kicked off 2026 with a Quiz Night and raised a very tidy sum of £1,950.

Expanding the fundraising activities

This is where you might be able to help or know of someone who can support us.

If you are planning or considering taking part in a sporting event or other event, would you help others by fundraising for SHH in the Chiltern Villages. Maybe you are involved with a local cricket or football team or play tennis and could be interested in organising a match this year.

We, at SHH will support you on your fundraising journey, we would promote your participation locally and via social media and our website to attract sponsorship.

If you are up for this challenge, now is the time to plan it.

Please contact me at events@shh-shop.org