## **Speen Helping Hospices**

Grainne Suter - Chair SHH

## Can you help SHH – Speen Helping Hospices?

SHH was established in 2001 by a group of women whose objective is to raise funds for Four local Hospices. (Helen & Douglas House for Children, Rennie Grove and Peace Hospice Care, South Bucks Hospice at Butterfly House, Florence Nightingale Hospice Charity) This is done by arranging events in the Chiltern Villages. At the moment the small committee is made up of members from Speen and North Dean.

As fundraising events are held in various Chiltern Villages, SHH would like to include the wider area with women joining, offering new ideas for fundraising and support at the events arranged. If you would like to get more involved with SHH please contact me as we would really want more people from the local Chiltern Villages to help us.

Why not check us out and see what we do, just go to https://www.shh-shop.org/ Speen\_Helping\_Hospices\_About\_Us.htm

Contact Gráinne Suter – Chair SHH grainnesuter@googlemail.com 07778 803260

HI Speen Helping Hospices Fundraising since 2001 for local hospices in Chiltern Villages Hele & Douglas House for Children Real Prove and Prove an





## **OUR SERVICES:**

- Domestic and Industrial Cleaning
- End of tenancy cleaning
- Decorating
- General Property Maintenance
- Plumbing and Electrics
- Man and Van Services including waste clearances
- Home Moves
- Garden Maintenance
- Property Renovation
- Window Cleaning interior and exterior
- Soffit and Fascia Cleaning
- Solar Panel Cleaning and Velux Roof Windows
- Industrial Exterior Cleaning
- Gutter Clearance and Maintenance
- Patio and Driveway Professional Jet Washing
- Expert Graffiti Removal

