

# Speen Helping Hospices Annual Christmas Market

Speen Group has changed its name to Speen Helping Hospices. The committee are in the process of registering with the Charity Commission and felt their name needed to be more meaningful.

SHH held their 6th Christmas Market in The King William IV pub/restaurant, which creates a wonderful atmosphere for the market. Owner and Landlord David Hill, very generously, allows SHH to fill the pub for two days with the work of many exciting local artists and designers in jewellery, ceramics, art, quilting, glass, candles, cakes, game and other festive foods. Also available were the Charity Christmas Cards supplied by Florence Nightingale House, Helen & Douglas House, Iain Grove Hospice at Home and South Bucks Hospice, the four hospices supported by SSH.



The Market was a great success with a record number of people attending who found unique gifts and enjoyed a drink or the special menu whilst helping to raise £3,077 of vital funds for the local hospices.

SHH would like to thank everyone who came to the event for their support and for their helping to make the two days such a success.

## Cardiac Arrest in Rural Villages

The Rural Community Defibrillator Group has been recently set up with the aim to provide an accessible defibrillator for those villages where access to early intervention would significantly improve the chances of recovery from cardiac arrest. Villages such as Speen and Saunderton have been identified through recent tragic events but it is felt that others such as Lacey Green and Hampden would also benefit. At present the

nearest accessible defibrillator for Speen is sited at the Hughenden Valley Surgery with nothing available outside surgery hours.

Rural locations such as Speen and Saunderton are sometimes difficult for ambulances to respond to a patient within the target time of 8 minutes. Statistically with the use of CPR together with a defibrillator, chances of survival from cardiac arrest improves from 1 in 10 to 4 in 10. It is the aim of the project to provide defibrillators in strategic locations so that on ringing 999 the Ambulance Service can assess the situation and, if appropriate, give the location and access code of the device to the caller, staying on the phone to give support and full instructions.

It is hoped that this initiative will meet with local approval as none of this can be done without your help. Each machine costs in the region of £1,400 so funding is very important. The group is already approaching the relevant Members of Local and District and County Councils for funding but individual help will also be needed with fund raising appeals. If you can help then please let Christine Symondson 488654 or Paul Rogerson 488315 know.

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