



SPEEN HELPING HOSPICES (SHH)

Speen Helping Hospices, a small fundraising initiative run by a group from Speen and North Dean, has been supporting local hospices for the past 25 years.

Helen & Douglas House for Children; Rennie Grove and Peace Hospice Care; South Bucks Hospice at Butterfly House and Florence Nightingale Hospice Charity provide a range of palliative and end-of-life care services to support individuals and their families in Buckinghamshire and Oxfordshire. With limited government funding, they are increasingly reliant on the generosity and support of local communities like ours to continue providing the specialist care of inpatient and day hospice services. Earlier this year, SHH presented cheques for £5,475 to each hospice, with money raised through donations and a wide range of events detailed on our website.

https://www.shh-shop.org/Speen_Helping_Hospices_Fundraising.htm

How can you help SHH support these invaluable charities? Why not get a group of friends together to buy tickets for the comedy night, the Ladies' Autumn lunch, or the quiz night? Or buy a copy of our recipe book? All the information you need about future events is on our website at www.shh-shop.org

Or if you are considering taking part in a sporting event, would you help others by fundraising for SHH? For further information about how we would support you on your fundraising journey, please get in touch with Grainne Suter on **07778 803260**. We've had people abseiling, cycling, baking, swimming, running and singing to raise money for SHH. We'd love to hear from you!



Girlguiding

1st Hughenden Valley Guides

Girlguiding is represented with one unit at the Speen Scout HQ, Guides for girls aged 10 – 14. There are Rainbow and Brownie Units meeting at Walters Ash. With guiding girls have fun, adventure, and the space to discover their potential. If you are interested in a place for your daughter in any of these groups go to www.girlguiding.org.uk/information-for-parents/register-your-daughter//

Scouts meet in Speen too and is both fun and worthwhile, providing skills for life. They welcome everyone from the ages of 6 – 25 across all genders, backgrounds, and races. For the local Scout Group Naphill and Hughenden, contact naphill@chilternvalescouts.org.uk